

**Nicolette Deva**  
**Psychologist**

*M.Ed.(Psych), Grad.Dip.Psych., Grad.Dip.Ed., B.Sc.,  
Assoc. M.A.P.S.*

Nicolette is a Psychologist and has worked in a variety of settings over the last 20 years that have combined her passions of counseling and teaching. Nicolette works with individual school aged children (K-12), adults and families.

Nicolette is a registered health practitioner with the Australian Health Practitioner Registration Agency. If you are eligible for a referral via a G.P. Mental Health Care Plan and you are referred by your Doctor or a Medical Specialist then you will be eligible for a rebate from Medicare or your Private Health Fund (depending on your level of cover).

Nicolette began her working life as a high school mathematics teacher. As she grew increasingly aware of the emotional needs of the students in her classroom, she began her study of psychology which she continued to become more interested in. She soon moved entirely into the field of psychology - working in schools and community settings with children, adults and families.

Over the years Nicolette has been committed to developing her therapeutic skills in a number of counseling models to assist the people she meets with. She has just completed her training in Eye Movement Desensitization and Reprocessing Therapy (E.M.D.R.) which has been scientifically proven to be an effective treatment for trauma related conditions. Other therapeutic models she has completed training in and regularly uses in her practice are: Cognitive Behavior Therapy, Acceptance & Commitment Therapy, Interpersonal Psychotherapy, Narrative Therapy, Play therapy and Symbol work (which she uses predominantly in her work with children), Solutions Focused Brief Therapy and Family Systems Therapy.

Nicolette facilitates individual and group supervision for counselors and psychologists, has spoken at churches, developed and taught pastoral care courses at tertiary colleges, and presented at the Australian Psychological Society's Christianity and Psychology Interest Groups National Conference and at the Christian Counselor's Association Conference.

Nicolette was born in Sri Lanka, spending her childhood and adolescence there, she migrated with her family to Australia 30 years ago. This has deeply influenced her value of being able to give back to communities that are under resourced especially in the area of mental health. Two years ago Nicolette joined a group of health professionals and volunteered her time conducting mental health training for workers from the Karen Health Department from Myanmar. Last year she volunteered her time in her country of birth - Sri Lanka - with two N.G.O. to explore ways to support and train local counselors and community leaders. She plans to continue to be committed to giving her skills, knowledge and her time to support the work in developing countries.

Nicolette is available for appointments on Tuesdays - Thursdays from 10 a.m. to 7.30 p.m. and Saturdays from 8.30 a.m. to 5.30 p.m. If you are interested in making an appointment to consult Nicolette please contact reception or her directly on 0410 650 895.

